



Southwest Louisiana – (337) 433-6460 or toll-free at 1-866-405-2673.

*Resource Guide accurate as of 1/1/07 and subject to change without notice.*

### Counseling Services

**ABC Pregnancy Resource Center**

433-2797

**Addictive Disorders Clinic**

475-4855 (3505 5<sup>th</sup> Ave. Suite B.)

**Adoptions – Volunteers of America**

(337) 274-3447 (24-Hour phone line)

**Adult Protection**

1-800-898-4910

**Alcoholics Anonymous, Alateen, & Al-Anon**

475-0022

**Alcohol and Abuse Helpline**

480-0120

**Alzheimer’s Association**

Louisiana Chapter: 1-800-272-3900

**Child Protection**

337-491-2545

**Child and Adolescent Response Team**

337-475-8022 (business hours) or 1-800-272-8367 (weekends and holidays)

- assistance for children and parents experiencing a crisis

**Crisis Counseling After Hours**

1-800-273-8255

**Elderly Protection**

1-888-491-2619

**Emanuel Counseling Center**

485-9564

**Lake Charles Mental Health**

475-8022 / 24 hour Crisis: 1-800-272-8367

**Louisiana Center for the Blind**

866-444-4496 Wendy Jackson

**Meaningful Minds**

540-3776

- Peer support program for the mentally ill

**National Alliance for the Mentally Ill (NAMI)**

433-0219 (715 Ryan Street)

**National Council on Compulsive Gambling**

1-800-522-4700

**New Life Counseling**

474-7003

**Pregnancy Counseling – Volunteers of America**

(337) 274-3447 (24 hour phone line)

**Samaritan Counseling Center**

433-4357

**Rape Crisis Outreach**

494-7273 or 1-888-255-7273 or 494-7275

- \$5 counseling sessions for non-mentally ill people without insurance and family income under \$40,000. Must have a voucher; call them for a list of providers who have vouchers.

**University United Methodist Church**

477-2003 (3501 Patrick St.)

- Faith based “CIRCLE UP SUPPORT GROUP” for consumers of mental health services.
- Meet every Tuesday night at 6:00. Contact person Mickey Shannon.

**Volunteers of America – Louisiana Spirit**

337-433-6460 or 866-405-2673

- Free crisis counseling for persons affected by hurricane Rita or Katrina.

### **Access to Care**

1-866-794-4673 & [www.a2care.org](http://www.a2care.org)

- Provides assistance to eligible individuals with mental health and substance abuse treatment including medication.

### **Food Services**

#### **Abraham's Tent**

439-9330 (2300 Fruge St.)

- Lunches served 11:30 to 12:30 seven days a week.
- Food boxes Monday, Tuesday and Wednesday at 1:00. Bring ID with social security number.

#### **Faithshare Outreach**

337-905-1333 (Call before going for times and to see if they have distributions available.)

#### **Food Stamps**

1-866-334-8304

- Office of Family Support- Child Care Assistance Program for children under 13 and for disabled children under 18 yrs.

#### **Glad Tidings**

477-7774 (3501 Texas St.)

- Monday thru Thursday 9:00 - 11:30. Bring two types of ID.
- Available to individuals once every 3 months.

#### **LaHeap**

437-3560

- Food box can be available monthly if not on WIC – must register

#### **Manna Ministries - St. Luke Simpson Methodist Church**

474-1500

- Wednesdays 9:00-11:00 for food assistance.(Can use once a quarter.)

#### **Multi-Purpose Center or Calcasieu Parish Police Jury Office of Community Services**

437-3560 or 1-800-542-7074

- Food for seniors, mothers and children- call to register

#### **Salvation Army Center of Hope**

433-4155 (3020 Legion St., Lake Charles)

- Must have a letter from the food stamp office.

### **Referral Services**

#### **Louisiana Assistive Technology**

[www.latan.org](http://www.latan.org)

- Medical and assistive equipment distribution program
- Loans, computers, and other assistance

### **Louisiana Dept. of Insurance**

1-800-259-5300 & Fax: 225-342-8622 (1702 N. Third St. P.O. Box 94214, Baton Rouge, La. 70804)

- J. Robert Wooley Comm. of Insurance

### **Project Hope – Families Helping Families**

337-436-2570 or 800-894-6558

- Provide information, referrals, education, training, peer support and advocacy skills to individuals with disabilities and their families.

### **310 Info, 2-1-1**

Direct Dial 2-1-1 or 337-310-INFO (4636) or 1-866-310-INFO (4636)

## **Furniture**

### **Faithshare Outreach**

337-905-1333 (827 Hwy 384 in the Grandlake/Sweetlake Area)

- Food, clothing, furniture and other help. Open 8:00 to Noon—Mon., Wed., Fri.  
**Bring a voucher from a non-profit organization.**

## **Case Management & Multi-Assistance Agencies**

### **Beauregard Area Ministerial Alliance (BAMA – Case Management for Beauregard Residents)**

337-462-5024 – Pastor Larry Stone leads the program.

### **Care Help Sulphur**

337-528-2273 (200 N. Huntington)

- Utilities, food, emergency medications, clothes for Sulphur residents.

### **Caring Hands**

337-616-3081 (327 N. Main St. in Jennings)

- Qualified Jennings & Lake Arthur residents only. Open Tues. – Fri. 1-4 & applications taken 1 – 3.
- Assists with utilities, some medications, household appliances.

### **Catholic Service Center - Social Services**

337-439-7436 (1112 Bilbo in Lake Charles)

- Assists with rent, mortgage payments to prevent eviction, utilities, food, medical prescriptions; 8:30 - 12:00 Tuesday, Wednesday and Thursday.

### **Faithshare Outreach (Case Management for Cameron Residents)**

337-905-1333

- Serving Cameron and lower Calcasieu Parish. Working with UMCOR and using case management with Dinah Landry to determine needs.
- Food, clothing, furniture and other help. Open 8:00 to Noon— Mon., Wed., Fri.  
**Bring a voucher from a non-profit organization.**

### **Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center**

494-7944 or 433-0122 (1401 Moeling)

- Offering food and clothing. After school programs from Tuesdays – Thursdays 3 to 6 pm for 4<sup>th</sup> graders and up.
- Call for social services, mental health and pastoral care. Donations needed.

**H.O.P.E. Center -Helping Our People to Excel**

337-725-6536 or 337-666-2686

- Gillis, Dry Creek, Kinder and East of Dequincy. Food, clothing, school uniforms, shoes for children, senior citizen food, school supplies.

**HSRI (Human Service Response Institute Case Management)**

433-8258

- Funding to assist hurricane displaced people who have minor children.
- Must have a source of income and a FEMA number.

**SWLA Station Disaster Recovery Ministry  
(Case Management project of UMCOR)**

337-436-6122 (2606 Common Street)

- Making repairs to people’s homes and lives in the five parish area

**LaHeap**

437-3560

- For mothers of children under 5 or elderly
- Assist with electric or gas bills once a year
- Food box can be available monthly if not on WIC – must register

**Jeff Davis Parish Assistance Agency**

1-337-824-7800

- Food, medicine, utility, housing, legal services and many more. 8:00 to 4:30 Monday, Tuesday, Wednesday and Thursday.

**St. Luke Simpson United Methodist Church**

474-1500

- On the second and fourth Wednesday of each month they will help with utilities-gas, electricity or water bills. Bring picture ID, current bill and social security number. Can get assistance once a year. First come, first serve! Long line – no appointments made.

**Elderly Assistance**

**911-SNAP- Special Needs Assistance Program**

439-0811

- Voluntary program to assist elderly, special needs people or any person that may have limitations that need assistance to evacuate during an emergency.

**Allen Parish Council on Aging**

1-800-256-2851

- Get information on meals, home maker help, three transportation programs, respite care, Medicaid advise, medical help, and more.

**Beauregard Council on Aging**

337-463-6578.

- Meals, good health habits, material aids, medication alert program, legal, visiting, utility help, and more.

**Better Business Bureau of SWLA**

337-478-6253 or 1-800-542-7085

**Calcasieu Multi-Purpose Center**

1-800-542-7074 or 437-3560

**Calcasieu Parish Council on Aging**

474-2583

- Utility assistance, prescription assistance, homemakers services (light housekeeping twice a month), meals on wheels, medical alert button, Medicare part D assistance with people to assist elderly to apply. For ages 60+.

**Calcasieu Parish Sheriff's Office**

263-4563-Gene or 263-4370 (2122 Moeling)

- Elderly Services- offering transportation for ambulatory senior citizens, assist seniors to go thru the court system, assist to retain restraining orders or to pick up food/commodities.

**Cameron Parish Council on Aging (Grand Lake)**

598-5158 or 905-6000

- Call for referrals 8:00 thru 4:00, Monday thru Fri.

**Eye-Care America's Seniors Eye Care Program**

1-800-222-3937

- Free exam and up to a year of treatment for persons 65 and older. Call to find out if you qualify.

**Jeff Davis Counsel on Aging**

337-824-5504

- Offers assistance with food, medications, transportation, housekeeping, sitters, utilities, recreation and general well being. Some minimal donations may apply. Emergency food and shelter given when needed to all ages in Jeff Davis Parish

**Meals on Wheels**

1-800-223-5872

- Calcasieu Council on Aging.

**Senior Prescription Assistance-Calcasieu Council on Aging**

337-474-2583 or 1-800-223-5872

- SeniorRX-to assist seniors to link with assistance for obtaining their prescription medications.

**FEMA Assistance**

**FEMA**

1-800-621-3362

- TO APPLY ON THE PHONE and ALL OTHER ASSISTANCE.

## Housing Assistance

### **CARC – Housing**

433-3620

- HUD housing for people with disabilities

### **DHRO- Disaster Housing Resource Online**

<http://www.dhronline.org>

- Listings of current available housing in the area by parish.
- Dedicated to repairing the homes of local elderly, disabled and handicapped on low incomes that may not have the ability to pay for home upkeep and repairs.

### **Habitat for Humanity**

497-0129

### **Louisiana Housing Search Service**

[www.lahousingsearch.org](http://www.lahousingsearch.org)

### **Louisiana State Bar Association Coordinators**

1-800-310-7029

- Free legal help for low income, without insurance, unemployed, displaced or have damaged homes

### **Low Income Home Energy Assistance Program**

337-437-3560

- To assist residents in Calcasieu Parish to meet the financial needs of their fuel costs. Multi-Purpose Building- **Appointment only.**

### **Project Build a Future**

337-439-2646

- A non-profit corporation committed to building and selling quality, affordable housing. Call to obtain an application.

### **Self-Help Housing**

337-788-3103 (Crowley)

- Local USDA program for low income families outside the Lake Charles city limits or rural areas. Call Dazetta Thorne and Manny Harmon. Money for house repairs and loans may be available if you qualify.

### **SWLA Homeless Coalition**

#### **Transitional Housing**

433-6282

- Mothers with children who are victims of domestic violence. Affordable Home Ownership; Emergency Shelter Grants; Shelter Plus Care

#### **Continuum of Care Housing Program**

433-6282

- For mentally or physically ill persons.

### **USDA Office-FHA-Rural Development Housing Programs**

Calcasieu/Cameron/Beauregard Ross Maxwell 337-262-6602 ext. 120

Jeff Davis/Allen Parish call Vicki Simon 337-262-6602 ext. 115  
Lake Charles 436-5020

- Build, buy or repair program for low income property owners
- **CAMERON PARISH ONLY CONTINUES TO HAVE** Debris Removal and fence restoration.

### **The Road Home**

1-888-762-3252 & [www.Road2La.org](http://www.Road2La.org)

- Home owner's assistance program or small rental property assistance program.
- Mobile home owners eligible.
- Senior citizens are also eligible for grants and loans to repair, rebuild, relocate or sell. Call to register.

### **Volunteers of America**

497-0034

- Housing available for mentally ill persons who qualify through the Office of Mental Health and who are currently homeless with no prospects. Ask for Chris Wales.

### **Volunteers of America Crisis Domiciliary Program**

497-0034

- For severely mentally ill adults. Referrals must come through the Office of Mental Health.

### **Volunteers of America Elderly Housing in Welch and Elton**

497-0034

- For 62 years old and up

## **Housing Repairs**

### **Rebuilding Together**

480-9093

- They help make repairs to houses for low-income families, the elderly, and the disabled.
- Same income requirement as for Section 8 housing.

## **Transportation**

### **Reduced Bus Rate Pass- Dept. of Public Works**

(4334 East Broad St.)

- Bring Medicare card and ID to Sarah Shelton to get blue card to ride bus for \$0.25

### **Calcasieu Parish Public Transit System**

721-4040 (2424 3<sup>rd</sup> St. Lake Charles)

- An application is required to participate in special transportation services, which upon approval, can be scheduled with 48-hour advanced notice.
- Grocery Shopping Service available every 1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month from 11:00 am to 1 pm and 3 pm to 5 pm. Individuals limited to one destination per trip.

## Employment

### **AmeriCorps**

#### **Impact Lake Charles**

491-8735 (326 Pujoe Street)

- Provide community service activities for non-profit organizations.
- Recruitment will begin in spring of 2007 for 2007 - 2008 grant year.

### **Jefferson Davis Work Force Center**

(337) 824-2797 & [www.laworks.net](http://www.laworks.net) (203 E. Academy, Jennings)

### **Louisiana Works**

1-866-783-5567 or 337-475-4900 & [www.laworks.net](http://www.laworks.net) (4250 5<sup>TH</sup> AVE.)

## Family Services

### **BeauCARE**

337-462-2273 (DeRidder)

- Provide information, referrals, education, parenting, training, case management and advocacy for families involved with OCS in Allen or Beauregard Parishes.

### **Calcasieu Parish Animal Services and Adoption Center for Calcasieu and Cameron**

337-721-3730 or call 1-800-248-spay

- Spay Neuter Assistance Program

### **Foreman-Reynaud Center**

436-2509

- Free after-school program for children in a monitored environment. Provides playtime and computer lab enrichment.
- Free showers 9 am to 2 pm (no bath products available)

### **Louisiana Family Assistance Center**

1-866-326-9393

- Call 8:00 a.m. to 8:00 p.m. 7 days a week. A program dedicated to finding missing persons, and identifying the deceased victims of hurricanes Rita and Katrina.

### **Volunteers of America Foster Care Program**

497-0034

### **Volunteers of America Personal Care Attendant Service**

497-0034

- Working with disabled individuals in their homes.

## Education

### **BeauCARE**

337-462-2273 (DeRidder)

- After school tutoring, pregnancy prevention, parenting and training classes for Allen and Beauregard residents.

### **Foreman-Reynaud Center**

436-2509

- Free computer lab for job search 9 am to 2 pm
- Free basic computer classes on Tuesdays from 9:30 to 12 and Thursdays from 5 to 7:30

### **Literacy Council**

494-7000 (809 Kirby, Suite 126)

- They help improve reading skills, teach financial literacy, computer skills, GED, Pre-GED, adult education and English as a second language.
- After school program for youths needing assistance with school courses.

### **Volunteers of America Parenting Education and Support Classes**

497-0034

- Common Sense Parenting Curriculum with free classes to families with a child or adult receiving services through OMH or some private agencies. Sliding scale fee for others.

## **Medication Assistance and Physical Health Services**

### **Advocacy Center**

1-800-960-7705

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection from institutional resident's rights.

### **Calcasieu Community Clinic**

337-478-8650

- McNeese State University campus Juliet Hardtner Hall. Free health care, medications and dental care for those who qualify, low-income, and working uninsured families. On Thursday's only.

### **Children's Special Health Services**

478-6020 (Calcasieu Parish Health Unit 3236 Kirkman St. Lake Charles)

- Provides medical diagnostic and treatment services for eligible children who have health problems which require services beyond routine basic care. This includes children with disabilities, handicapping conditions and chronic illnesses of sufficient severity to cause or to be likely to cause impairments which could significantly limit life activities.
- Also work to assist pregnant women.
- Provide immunizations for all. 8:00-4:30 Monday thru Friday.

### **C.M.A.P. – Cenla Medication Access Program**

318-443-7494 & 1-888-443-7494

- Serving people 18 – 64 years old who meet income guidelines and do not have Medicaid, Medicare or private insurance.
- For residents of Allen, Avoyelles, Grant, LaSalle, Natchitoches, Rapides and Vernon Parishes.

### **Emergency Psychiatric Medication Fund**

478-3034 (9 – 12 Monday thru Thursday)

- Can help with up to \$100 in psychiatric medications up to 2 times per year.

**Kid Med**

491-2439 or 1-800-259-4444

- Children’s Medicaid- apply at local Medicaid office

**LaChip**

Call 1-877-252-2447

[www.LAChip.org](http://www.LAChip.org)

- Total health care for children without insurance at no cost.

**Louisiana Developmental Disabilities Council**

[www.laddc.org](http://www.laddc.org)

**Multi-Purpose Center**

337-437-3560 (2001 Moeling St. Lake Charles)

- For SENIORS - medication assistance, blood pressure screening, cholesterol screening, blood glucose screening, and health education.
- For CHILDREN- medication assistance, vision screening, free children’s eye glasses, health screenings and health education- Erica Kaough Health Care Coordinator.

**Partners for Prescription Assistance**

1-888-477-2669

[www.pparx.org](http://www.pparx.org)

- helps pay for medicine

**Prescription Savings Program**

1-877-789-6028

**Southwest Louisiana AIDs Council**

439-5861

- Provides presentations, HIV counseling, testing, teen education, case management, food pantry, companion program, support groups, transportation, dental and eye care. They offer free community presentations.

**WIC**

337-439-9983

- SWLA health services

**Emergency Medication**

**Allen P. August Multi-Purpose Center**

337-437-3560

**Care Help of Sulphur**

337-528-2273

- For Sulphur and Carlyss only. No pain medications or psychiatric medications will be accepted.

**Catholic Services Center for Emergency Relief Services**

337-439-7436

- Calcasieu Parish residents only. No pain medications or anti-depressants accepted.  
Tuesday, Wednesday and Thursday 8:30 to 12:00 ONLY

**Emergency Psychiatric Medication Fund**

478-3034 (9 – 12 Monday thru Thursday)

- Can help with up to \$100 in psychiatric medications up to 2 times per year.

**Salvation Army**

433-4155 (Broad St. Lake Charles)

**United Way of SWLA Help Line**

337-436-6633

**Medical Facilities**

**Allen Parish Health Unit**

318-335-1147

**Beauregard Parish Health Unit**

337-463-4486

**Cameron Parish EMS Services**

1-337-775-5111

- For all Cameron Parish. Call for all emergencies.

**Cameron and Calcasieu Parish Health Unit**

478-6020

- Housed at the Calcasieu Parish Health Unit in Lake Charles

**Hackberry Primary Rural Health Clinic**

337-762-3762 (1020 Main Street)

- Monday 8 - 5, Tuesday and Thursday 7 - 5. Friday 8-3. Immunizations by appointment only. Flu shots anytime.

**Jeff Davis Parish Health Unit**

337-824-7492

- 8 – 4, Monday thru Friday

**South Cameron Hospital Rural Clinic**

337-905-4111 (786 highway 384)

- Open Monday – Thursday, 7:00 to 3:00 and Friday 7:00 to noon. Will take walk-ins and appointments.

**Southwest Louisiana Center for Health Services**

439-9983

- Appointments only.

**Southwest Louisiana Independence Center (SLIC)**

477-7194 & 1-888-403-1062 (1202-C Kirkman Street)

**West Calcasieu Cameron Hospital**

527-7034

**W.O. Moss Regional**

475-8100 (100 Walters Street)

**Volunteers Needed**

**211-Volunteer Center of Southwest Louisiana**

337-310-4636 (310-INFO) or [www.1-800-volunteer.org](http://www.1-800-volunteer.org) & [www.310info.org](http://www.310info.org)

**Office of Community Service**

721-4020 (2424 3<sup>rd</sup> Street)

- Senior Volunteers such as pink ladies
- Food for Seniors
- Child Home Day Care- day care centers can go there for food reimbursement
- LA Jet
- Senior Health Care Program
- JARC- Medicaid program that can give you a ride to work or school and emergency transportation
- Adult Public Riders Program – cost \$0.65 to \$3.75 to transport adults, disabled persons, or adults with children to appointments

**SWLA Volunteer Housing & Coordination Center**

1-337-217-0428 or [www.swlavols.org](http://www.swlavols.org) (1104 Recreation Blvd.)

- Volunteer housing and coordination

**Housing Authorities**

**Calcasieu Parish Housing Authority**

721-3577

- Waiting list on section 8

**Housing Authority of Iowa**

582-6730

**Housing Authority of Lake Charles**

436-7628

- Low Rent Housing 3-6 months waiting list. There is a freeze on section 8 vouchers.

**Jennings Housing Authority**

337-824-5642

**Kinder Housing Authority**

337-738-2077

**Merryville Housing Authority**

337-825-8770

**Oakdale Housing Authority**

318-335-2417

**Oberlin Housing Authority**

337-639-2625

**Sulphur Housing Authority**

527-5248

**Vinton Housing Authority**

589-5331

**Welsh Housing Authority**

337-734-2647

## Homeless Shelters

### **Calcasieu Women's Shelter or Women and Children Victims of Domestic Violence**

436-4552 or 1-800-223-8066

- For Women and children

### **City of Refuge**

589-4407 (5899 Hwy 3112, Vinton)

- For single men

### **ETC- Apartments Available for Homeless Youth Ages 17-21**

477-2434

- Call to apply and any agency can refer

### **Harbour House**

433-6739

- Unaccompanied youth 3-17 years of age. An emergency shelter and takes referrals from agencies.

### **Jeff Davis Council on Aging**

337-824-5504

- Offering emergency food and shelters for all ages if needed in Jeff Davis Parish only.

### **Jeff Davis C.A.D.A.**

337-616-8418

- Shelter for abused women (not homeless) and their children

### **Lord's Place**

494-6277 (126 Kirkman, Lake Charles)

- For single men

### **Matthew 25:40 (Nepenthe House)**

430-0888 (1414 Martha St.)

- Men with aids or recovering from alcohol/drug abuse. Referrals by agencies only.

### **Potter's House**

477-1116 (3233 Kirkman, Lake Charles)

- women and children

### **Salvation Army Center of Hope**

433-4155 (3020 Legion St., Lake Charles)

- For single men, married couples with children, married couples without children. (Married couples have to have copy of Marriage License on them)

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